

Brian Otto Kimmel (Bk), MA MHP LMHC R-DMT LMT

Art Love Legacies, LLC, 3417 Evanston Ave N, Suite 322, Seattle, WA 98103
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A bridge-building, multicultural artist, counselor, and body-mind teacher with over twenty-five years of experience in health services including nervous system regulation, relationships and the expressive arts.

SUMMARY OF QUALIFICATIONS

- Skill-based and intuition in multicultural group facilitation
- Expertise in sense awareness, body-mind connectivity, and strength-based approaches from multiple perspectives
- Sound focus on Somatic Strength Indicators and Protective Factors

SUPERVISION & ACADEMIC TEACHING EXPERIENCE

Jan 2018 - Current	Licensed Mental Health Counselor (LMHC), Seattle, WA, USA Consulting Licensed Clinicians; Supervision; Individuals, Relationships, Groups; Lecturer; Trainer: Body-Mind, Multicultural, Creativity Focused
May 1, 2018 - July 2019	Emergency Services, Clinician II, Compass Health Outreach Crisis Counselor, Intervention & Prevention team: Supervisory role to Clinician I, Affiliated Counselors, Peers
Aug – Dec 2013	Graduate Assistant, Naropa University, Boulder, CO, USA Contemplative Learning Seminar
Fall 2010 – May 2012	Student Affairs, Naropa University, Boulder, Colorado, USA Peer Mentor, First-Year Freshman & Sophomores 2011 - 2012
2006 - Current	Order of Interbeing, Buddhist Minister, Ordained Teacher Dharma Teacher Supervisor to ministerial mentees, teaching
Jan 2001 - May 2001	Ashmead College, Teacher's Assistant, Massage Skills Class

TEACHINGS & PRESENTATIONS SAMPLE

May 17, 2022	BIPOC (Black, Indigenous, People of Color) Sangha, MCPS The Solace of Remembering
May 4, 2022	12-Step Zen, San Diego, CA USA
February 9, 2022	New College, University of Toronto Buddhist Perspectives on Current Social Issues
July 21, 2021	The Broken Road to Mental Health Interview, podcast
March 10 - 11, 2017	TRANSforming Gender Conference, University of Colorado, Boulder Embodying Narratives: Stories of Empowerment and Survival through Breath Movement and Song

EDUCATION & CERTIFICATIONS SAMPLE

- July 01, 2023 **Referral Letters for Gender Affirming Medical Care**
- April 26 - 30, 2023 **American Dance Therapy Association Spring Virtual Summit**
- Clinical Supervision with Creative Arts Therapists: Moving Beyond Narrative Self-Reporting and Case Presentation, Ryan Kennedy, Psyd
- 2020 **Envision Counseling, Seattle, WA, USA online**
Washington State Approved Supervisor Training
- 2020 **FaithTrust Institute, Chicago, USA**
Healthy Boundaries Train the Trainer certification
- 2017 **Grad. School of Counseling & Psychology; Naropa University, Boulder, CO**
Master of Arts, Somatic Counseling Psychology: Body Psychotherapy and Dance/Movement Therapy Concentration, diploma
- 2015 **ASSIST: Applied Suicide Intervention Skills Training, certificate**
- 2012 **Naropa College at Naropa University, Boulder, CO, USA**
Interdisciplinary Studies: Psychology, Religion & Performing Arts, diploma
Award: Priscilla Inkpen Award for Inclusive and Compassionate Social Action
- 2001 **Everest College (Ashmead College), Seattle, WA, USA**
Clinical Treatment Massage Therapy Certification, diploma

PROFESSIONAL LICENSES

- 2020 - Current **Dharmācārya, Ordained Buddhist Teacher by Thich Nhat Hanh**
- 2019 - Current **Mental Health Counselor License, WA - DOH, LH60993754**
- 2018 - Current **Mental Health Professional, WA - DSHS DBHR**
- 2009 - 2018 **Licensed Massage Therapist, Colorado, MT.0-008299**
- 2014 - 2017 **Registered Psychotherapist, Colorado, NLC.0107248**
- 2017 - Current **Registered Dance Movement Therapist, R-DMT 2587**
- 2000 - Current **Licensed Massage Therapist, Washington State, MA 00014763**

ASSOCIATIONS & ORGANIZATIONS

- 2023 - Current **Association for Counseling Education and Supervision**
- 2023 - Current **Western Association for Counseling Education and Supervision**
- 2023 - Current **United States Association for Body Psychotherapy**
- 2021 - Current **North American Dharma Teacher's Association**
- 2020 - Current **National Queer and Trans Therapists of Color Network (NQTTCN)**
- 2020 - Current **Multicultural Counselors Network**
- 2020 - Current **American Dance Therapy Association**
- 2019 - Current **American Counseling Association, Professional Member 6541407**
- 2017 - 2022 **Associated Bodywork & Massage Professionals (ABMP)**