

**Brian Otto Kimmel (Bk)**, MA MHP LMHC R-DMT LMT

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A bridge-building, multicultural artist, counselor, and body-mind teacher with over twenty-five years of experience in health services including nervous system regulation, relationships and the expressive arts.

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**EDUCATION & CERTIFICATIONS**

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- 2020 ***Envision Counseling, Seattle, WA, USA online***  
Washington State Approved Supervisor Training
- 2020 ***FaithTrust Institute, Chicago, USA***  
Healthy Boundaries Train the Trainer, certification  
Healthy Boundaries 101 for Buddhists
- 2019 ***European Institute of Applied Buddhism, Germany***  
International Dharma Teachers Course
- 2017 ***Grad. School of Counseling & Psychology; Naropa University, Boulder, CO***  
Master of Arts, Somatic Counseling Psychology: Body Psychotherapy and Dance/Movement Therapy Concentration, diploma
- 2016 ***The Gottman Institute, Boulder, CO, USA***  
Gottman Method Couples Therapy, Level 1 certificate
- 2015 ***ASSIST: Applied Suicide Intervention Skills Training, certificate***
- 2012 ***Naropa College at Naropa University, Boulder, CO, USA***  
Interdisciplinary Studies: Psychology, Religion & Performing Arts, diploma  
Award: Priscilla Inkpen Award for Inclusive and Compassionate Social Action
- 2019 ***Somatic Experiencing Trauma Institute, Boulder, CO, USA***  
Somatic Experiencing Basic Level I Certification Training, certificate
- 2004 ***Ki-Atsu Institute, Henderson, NV, USA***  
Pilates Method Teacher Certification, HIV/Aids Training, Raindrop Therapy, Barefoot A-Shiatsu, Thai Massage I & II, Ethics, certificates
- 2001 ***Everest College (Ashmead College), Seattle, WA, USA***  
Clinical Treatment Massage Therapy Certification, diploma
- 1996 – 1999 ***Everett Community College, Everett, WA, USA***  
Hatha Yoga Apprenticeship with Marsha Valentine, Voice, Writing & Literature, Interpersonal Relationships
- 1998 ***High School Diploma, Lakewood High School, Lakewood, WA USA***

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**PROFESSIONAL LICENSES**

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- 2020 - Current ***Dharmācārya, Ordained Buddhist Teacher by Thich Nhat Hanh***
- 2019 - Current ***Mental Health Counselor License, WA - DOH, LH60993754***
- 2018 - Current ***Mental Health Professional, WA - DSHS DBHR***
- 2009 - 2018 ***Licensed Massage Therapist, Colorado, MT.0-008299***
- 2014 - 2017 ***Registered Psychotherapist, Colorado, NLC.0107248***
- 2017 - Current ***Registered Dance Movement Therapist, R-DMT 2587***

2000 - Current      *Licensed Massage Therapist, Washington State, MA 00014763*

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## **ASSOCIATIONS & ORGANIZATIONS**

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2023 - Current      *Association for Counseling Education and Supervision*  
2023 - Current      *Western Association for Counseling Education and Supervision*  
2023 - Current      *United States Association for Body Psychotherapy*  
2021 - Current      *North American Dharma Teacher's Association*  
2020 - Current      *National Queer and Trans Therapists of Color Network (NQTTCN)*  
2020 - Current      *Multicultural Counselors Network*  
2020 - Current      *American Dance Therapy Association*  
2019 - Current      *American Counseling Association, Professional Member 6541407*  
2017 - 2022      *Associated Bodywork & Massage Professionals (ABMP)*  
2006 - Current      *Order of Interbeing Core-Member*  
1999 - Current      *Five Mindfulness Trainings & Three Refuges*

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## **PUBLISHED ARTICLES**

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2021 *Wake Up International Blog online*  
Saying Yes To This Path

2019 *Transcending: Trans Buddhist Voices*  
*Eds. Kevin Manders and Elizabeth Marston, North Atlantic Book, Berkeley, CA*  
Trans is Home: Bancit and All

2017 *Grad. School of Counseling & Psychology, MA Thesis, Naropa University*  
Embodying Narratives in Dance Movement Therapy

2017 *Wake Up International Blog*  
The Value of Visiting Other Communities

2016 *Dancing with Dharma: Essays on Movement and Dance in Western Buddhism*  
*Ed. Harrison Blum, McFarland & Company, Jefferson, NC, USA*  
Permissive Movement as a Dharma Door and Permissive Movement

2014 *Order of Interbeing Blog*  
Replanting a "Forest of Interbeing"

2014 *The Mindfulness Bell, Parallax Press*  
Wake Up Spirit

2013 *Lion's Roar, Shambhala Publications, INC, Boston*  
Heart On Fire

2013 *Under 35 Project Blog, Shambhala Publications, INC*  
S-x in the Monastery  
Walking with Rage  
Heart On Fire

2012 *Naropa College, Interdisciplinary Studies, BA Thesis, Naropa University*  
Healing Gender Wounds Through Dancing Like Men

2011 *The Mindfulness Bell, Parallax Press, Winter Issue*  
To Live in Freedom: Calming Sexual Desire

2011 *Buddhism and Culture, No 8*  
Practice From The Heart

- 2010 ***The Tendrel Zine, Naropa University***  
The Intimacy of There, Right There
- 2010 ***One Buddha Is Not Enough: a Story of Collective Awakening, Parallax Press***  
Smiling with Thay
- 2009 ***Mindfulness Bell, Parallax Press, Summer Issue***  
Deep Listening
- 2009 ***Mindfulness Bell, Parallax Press, Fall Issues***  
Healing from Abuse: Footsteps in Freedom, Love and Peace

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## **TEACHINGS & PRESENTATIONS**

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- March - June, 2023 ***Sunday Morning Mindfulness, MCPS, Seattle, WA, USA***  
Back to Basics: Fueling Your Path of Practice in Everyday Life
- Feb 5, 2023 ***The Mindfulness Community of Puget Sound, Seattle, WA, USA***  
Five Mindfulness Transmission Ceremony
- Jan 13, 2023 ***Morning Birds Sangha, Northern California, Online***
- Aug - Dec, 2022 ***Sunday Morning Mindfulness, MCPS***  
Closeness
- June 24 - 27, 2022 ***The Mindfulness Community of Puget Sound, Seattle, WA, USA***  
Gift of Queerness, Non-residential Retreat
- June 19, 2022 ***Earth Holder Sangha, online***  
Earth Art: Site-Specific Transformative Offerings from the Heart
- June 6, 2022 ***BIPOC (Black, Indigenous, People of Color) Sangha, MCPS***  
BIPOC LGBTQIA Pride Brunch
- June 5, 2022 ***Dallas Meditation Center, online***  
The Path Is Peace
- May 18, 2022 ***Monday Night Mindfulness, MCPS, Seattle, WA, USA***  
Chanting The Heart Sutra Workshops Part 1 & 2
- May 17, 2022 ***BIPOC (Black, Indigenous, People of Color) Sangha, MCPS***  
The Solace of Remembering
- May 12 - 14, 2022 ***Honey Locust Sangha, Omaha, Nebraska, USA***  
Residential Retreat with Terry Cortes-Vega, Tuesday Night Sangha
- May 4, 2022 ***12-Step Zen, San Diego, CA USA***
- May 1, 2022 ***Blue Ocean Sangha, Miami, FL USA***
- April 21 - 24, 2022 ***Plum Blossom Sangha Annual Retreat, Austin, TX, USA***  
Residential Retreat with Terry Cortes-Vega, Sunda Night Sangha
- April 4 - 11, 2022 ***Magnolia Grove Monastery, Batesville, Mississippi, USA***  
*BIPOC Residential Retreat*
- April - July 2022 ***Sunday Morning Mindfulness, MCPS***  
The Lotus Silk Thread
- March 12, 2022 ***The Mindfulness Community of Puget Sound, Seattle, WA, USA***  
Thich Nhat Hanh 49th Day Ceremony
- March 8, 2022 ***Mind Tamers Sangha, RI, USA***
- March 2022 ***The Lotus Institute***  
Heart Sutra Playshop 2 with Peggy Rowe-Ward

Feb 21, 2022 **Baltimore and Beyond Sangha, Maryland, USA**  
Sustaining the Path, Planting Seeds of Liberation,  
"Aspirations with Ease"

Feb 13, 2022 **Buddhists Across Traditions, United Kingdom**  
Can Buddhism Grow Inclusive Communities?  
Intersectionality of Race, Gender and Sexual Identity

February 9, 2022 **New College, University of Toronto**  
Buddhist Perspectives on Current Social Issues

Feb 5, 2022 **ARISE Sangha RACE: A Dharma Door Training**

Feb - March 2022 **Sunday Morning Mindfulness, MCPS**  
Ease

Jan 24, 2022 **Path of Peace Sangha, Franklin, MA USA**

Jan 22, 2022 **The Lotus Institute**  
Welcoming Thay: Memorial Service for Thich Nhat Hanh

Jan 22 - Mar 2022 **The Mindfulness Community of Puget Sound, Seattle, WA, USA**  
Friday Memorial Ceremonies for Thich Nhat Hanh

2022 **Earth Holder Sangha, online**  
Earth Holder's Online Retreat: This Is It

Dec 19, 2021 **Rainbow Wake Up, Jakarta, online**

Nov - Dec 2021 **Sunday Morning Mindfulness, MCPS**  
Silence

July 21, 2021 **The Broken Road to Mental Health Interview, podcast**

June 27, 2021 **Deer Park Monastery, Escondido, California, USA**  
*Order of Interbeing Retreat Q&R Panel*

June 5, 2021 **Joyful Mountain Sangha, Arizona online**

May - June 2021 **Sunday Morning Mindfulness, MCPS**  
Two Wings and a Tail

April 14, 2021 **The Lotus Institute**  
Gender Liberation and Buddhist Practice with Larry Ward

March - April 2021 **House of Practice**  
Permissive Movement: Healing Gender Wounds, four part series  
Healing Gender Wounds, March 16, 2021  
Self-in-Relationship, March 30, 2021  
The Cost of Toxic Masculinities, Internalized, Enacted April 6, 2021  
Conversations Gender Norms & Healthy Relationships, Lotus Institute

Jan 2021 **The Lotus Institute**  
Heart Sutra Playshop with Peggy Rowe-Ward

2021 **Earth Holder Sangha, online**  
Earth Holder's Online Retreat: This Is It

Dec 6, 2020 **Earth Holder Sangha, online**  
The Insight of Remembering

June, 2020 **Sugar Plum Sangha, Ukiah, CA USA, online**  
Power, Privilege and Vulnerability, 21-Day Retreat

Feb 1, 2020 **Brooklyn Zen Center, New York, NY, USA online**  
Transcending: Trans Buddhist Voices Author Recorded Performance

Feb 24, 2020 **New York Insight Meditation Center, New York, NY, USA online**  
Transcending: Trans Buddhist Voices Author Recorded Performance

Jan 25, 2020 **Elliot Bay Bookshop, Seattle, WA, USA**  
Transcending: Trans Buddhist Voices Author Book Reading, Q&A

2020 **Earth Holder Sangha, online**  
Earth Holder's Online Retreat: This Is It

Nov 15 - 17, 2019 **Salt Lake City Sangha Residential Retreat,**  
Nov 13, 2019 **Banyan Books & Sound, Vancouver, B.C., Canada**  
Transcending: Trans Buddhist Voices Author Book Reading, Q&A

Sep 25 - 29, 2019 **All Montana Sangha Residential Retreat, Montana, USA,**  
Apr 24 - 28, 2019 **Plum Blossom Sangha, The Ancient Yoga Center, Austin, Texas, USA**  
Jan 9 - 13, 2019 **Honey Locust Sangha, Omaha, Nebraska**  
Nov 16 - 20, 2018 **Colorado Retreat, Estes Park, CO, USA**  
Oct 25 - 29, 2018 **Beginner's Mind Sangha, Boise, ID, USA**  
Oct 3 - 4, 2018 **Music and Mindfulness, Manor, TX, USA**  
Sep 28 - Oct 1, 2018 **Many Streams, One Source Retreat, Big Bear, CA, USA**  
Ap 26 - May 1, 2018 **Honey Locust Sangha, Omaha, Nebraska, USA**  
April 9 - 15, 2018 **Plum Blossom Sangha, The Ancient Yoga Center, Austin, Texas, USA**  
April 6 - 9, 2018 **ARISE Facilitator's Retreat, Philadelphia, PA, USA**  
Jan. 12 - 16, 2018 **Blue Ocean Sangha, Miami, FL, USA**  
Aug 27, 2017 **Dallas Meditation Center, Creativity Day of Mindfulness, Texas, USA**  
Aug 26, 2017 **Tulsa Day of Mindfulness, Oklahoma, USA**  
Aug 20, 2017 **Walk With Me, Boedecker Theatre, Boulder, CO**  
Premiere w/Max and Sounds True

July 27 - 30, 2017 **Salt Lake City Retreat, Utah, USA**  
July 23, 2017 **Snow Bird Sangha, Jackson Hole, WY, USA**  
July 22, 2017 **Laramie Sangha, WY, USA**  
July 21, 2017 **Mountain Stream Sangha, Boulder, Colorado, USA**  
May 27 - 29, 2017 **Sugar Plum Sangha Mindfulness Retreat, Ukiah, CA, USA**  
May 25, 2017 **San Francisco Sangha Evening Music & Mindfulness, CA, USA**  
May 19 - 22, 2017 **Mindfulness Retreat with Chan Huy, Estes Park, Colorado, USA**  
May 1, 2017 **Dallas Meditation Center, Day of Mindfulness, Dallas, TX, USA**  
April 25 - 28, 2017 **Plum Blossom Sangha Retreat, Ancient Yoga Center, Dallas, USA**  
April 19 - 23, 2017 **Beginner's Mind Sangha Mindfulness Retreat, Boise, ID, USA**  
March 10 - 11, 2017 **TRANSforming Gender Conference, University of Colorado, Boulder**  
Embodying Narratives: Stories of Empowerment and Survival through  
Breath Movement and Song

Jan 14 - 17, 2017 **Miami Mindfulness Retreats**  
July 23, 2016 **Mountain Stream Sangha, Day of Mindfulness, Boulder, CO, USA**  
July 9 - 10, 2016 **Salt Lake City Sangha, Utah, USA**  
May 13 - 16, 2016 **Colorado Retreat with Chan Huy, Estes Park, CO, USA**  
April 12 - 18, 2016 **Blue Ocean Sangha, Miami, FL, USA**  
April 8 - 10, 2016 **Plum Blossom Sangha, Ancient Yoga Centre, Austin, TX, USA**  
April 5, 2016 **YES! Wake Up, Young Adults Sangha, Dallas, TX, USA**  
Nov 18 - 27, 2016 **Mexico City Sangha, Morelia, Mexico**

Oct 7 - 8, 2016 **WINGS Foundation: Soaring to New Heights, Denver, CO**  
 Performance with Participation & Discussion on Expressive Arts  
 Embodied Closing Ceremony

Feb 14, 2009 **Survivors Radio Cafe Interview**, podcast

May 1, 2009 **World Peace Gatherings, Green Valley Spa, St. George, Utah, USA**

1999 **Dear John Reading, Everett Public Library, Everett, WA, USA**

1999 **Dear John Reading, Bellingham Public Library, Bellingham, USA**

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## **EMPLOYMENT & VOLUNTEER EXPERIENCE**

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Dec 2022 - Current **Art Love Legacies, LLC**, Managing Shareholder, Provider

Apr 1, 2020 - Current **Dharmācārya, Buddhist Teacher**

Apr 1, 2020 - Current **Mindfulness Community of Puget Sound, Seattle, WA**

May 1, 2018 - July 2019 **Emergency Services, Clinician II, Compass Health**

Jan, 2018 - Current **Licensed Mental Health Counselor (LMHC), Seattle, WA, USA**

July 2017 - 2021 **dance.art.lab. (d.a.l.) Facilitator, Naropa University, Boulder**

Jan - Aug 31, 2017 **Registered Psychotherapist, Boulder, CO, NLC.0107248**

Aug 2016 - May 2017 **Safehouse Progressive Alliance for Nonviolence, Boulder, CO**

Aug 2016 - May 2017 **Communities of Color and Allies, Naropa University, Boulder**

Aug 2016 - Sept 2018 **Awakening through Race, Intersectionality, & Social Equity**

Sep 8 - Dec 2, 2015 **September High School, Boulder, CO**

July - Nov 2014 **WINGS Foundation, Denver, CO**

May 2014 - Sep 2015 **Naropa University Elected Student Trustee, Boulder, CO, USA**

Aug - Dec 2013 **Graduate Assistant, Naropa University, Boulder, CO, USA**

June 26 - 30, 2013 **Mountain Lamp Community, Deming, WA, USA**

Fall 2010 - May 2012 **Student Affairs, Naropa University, Boulder, Colorado, USA**

Sept 2009 - May 2010 **President's Office, Naropa University, Boulder, CO, USA**

Aug 2009 - 2018 **Licensed Massage Therapist, Boulder, CO, MT.0-008299**

Jan 2007 - Jan 2011 **License Massage Therapist, Clark County, NV, NVMT.437**

June 2006 - 2020 **Ordained Buddhist Minister, Order of Interbeing, Internat.**

Dec 2001 - Current **Licensed Massage Therapist, Independent Contractor**

1997 - 1999 **Everett Community College**

May 1996 - Oct 1996 **Arlington Library Page, WA, USA**

1990 - Current **Musician**

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## **DISCOGRAPHY**

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2023 Extraordinary Life -single-

2023 No Prisoner (All I Want Is To Be Free) -single-

2020 Unto Us -single-

2020 Namo 'Valokiteshvara -single-

2020 Amazing Grace Maitri -single-

2021 Home Revisited

2019 Better Now

2019 The Remnants of Rain,

2017 Home

2016 Craivin the Rain -single-  
2015 Live  
2014 Guardians of Truth  
2013 Songs of Secrets Told  
2012 Gay Marriage Song -single-  
2008 Piano Christmas Classics  
2007 Soldier -ep-  
2007 Return to Love  
2006 Love2: Journey of the Heart  
2005 (Live as a) Beautiful Me  
2005 Love  
2003 Reflections of Me  
2001 In Silence  
1999 Song of Shallows  
1998 Soul Journey  
1995 Warm Embrace  
1994 Lonely Hearts  
1992 Angelica by Starlight  
1991 Brian the Great

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## PERFORMANCES

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December 20, 2020 Winter Warmer Festival, online  
February 14, 2020 The Remnants of Rain, Album Release Concert, The Folio, Seattle  
Oct 18, 2019 Timeless Dharma Pop, Couth Buzzard Books, Seattle  
2018 RAICES Benefit Concert, Salem, OR USA  
May 17, 2017 Naropa University Graduation Headliner, Macky Auditorium  
March 16, 2017 Caffe Sole, Boulder, CO, USA  
June 30, 2016 Everett Yacht Club, Everett, WA, USA  
June 16, 2016 Johnny's Cigar Bar, Boulder, CO, USA  
March 2, 2016 Nevada Desert Experience Benefit, The Beat Coffee House, LV  
Feb 27, 2016 Brian Kimmel Sings, Amritam, Henderson, NV  
2014, '15, '16, '17 Somatic Scholarship Concert Performances, Naropa University  
June 20, 2014 Victrola Coffee House, Seattle  
2012 The Red Square, Boulder Arts Collective at Cherry Lane  
2012 The Red Square, Naropa University  
2012 Wealth, Naropa University  
June 26, 2011 Namaqua Unitarian Universalist Congregation, Loveland, CO USA  
2008 Multnomah Friends Meeting House Concert, Portland, OR USA  
2008 Las Vegas, Summerlin and Charleston Farmer's Markets  
2008 Haven Selah Healing Music Concert, Pahrump, NV  
2007 Blue Sky Yoga, Las Vegas  
2007 Catholic Worker Charity Performance, Las Vegas, Nevada USA  
2006 Sherry Goldstein's Yoga Sanctuary Concert, Las Vegas, NV USA  
2006 United Methodist Church, East Wenatchee, WA USA  
2005 (live as a) Beautiful Me Debut, Winchester Cultural Centre, LV

2003 Headliner, Main Stage, Pride Seattle Festival Volunteer Park  
 2003 Fiddle-head Bistro, Twisp, WA, USA  
 2002, 2003 Merc Playhouse Concert with Special Guests  
 2002 Chelan Community Hospital  
 2002 Songs of Secrets Told Concert, Theosophical Society  
 2001 In Silence CD Release, East West Bookshop  
 2001 In Silence Tour, Confluence Gallery, Twisp, WA, USA  
 1996 Rosehill Community Center Debut Concert, Mukilteo, WA, USA  
 1995 Warm Embrace Release Concert, Twisp Community Center, Twisp, WA  
 1994 You're A Good Man Charlie Brown  
 1993-1998 Annual Health-giving Music Benefit, Lakewood High Auditorium  
 1993 Everett YMCA

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### **OTHER PROFESSIONAL TRAININGS, CERTIFICATIONS, AND CONFERENCES**

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July 01, 2023 ***Referral Letters for Gender Affirming Medical Care***  
 April 26 - 30, 2023 ***American Dance Therapy Association Spring Virtual Summit***  
 Clinical Supervision with Creative Arts Therapists: Moving Beyond  
 Narrative Self-Reportin and Case Presentation, Ryan Kennedy, Psyd  
 Multiple Role Identity and Interdisciplinary Practice for an  
 Interdisciplinary Life with Sherry Diamond, R-DMT  
 Introduction to Anti-Abelism For Creative Arts Therapists  
 Resolving Situations Regarding Quesionable Ethics  
 Violence Prevention in Schools: Reflections, Directions  
 Trauma Informed Care: a Creative Arts Therapy Panel  
 March 30, 2023 ***Highlighting Differences in Working with the Autonomic Nervous  
 System vs the Voluntary System: One Resolves Trauma, the Other  
 Heals Developmental Disruptions, USABP, Anne Isaacs, MSW, LCSW***  
 Sep 3, 2022 ***Somatic Dharma: Nervous System Science for Psycho-Spiritual Insi***  
 Oct 20 - 24, 2021 ***International Western Dharma Teachers Gathering***  
 June 5, 2021 ***GenX Buddhist Teachers Sangha, Dharma Teachers Gathering***  
 March 31, 2020 ***Social Media Ethics for Mental Health Professionals***  
 March 27, 2020 ***Introduction to Documentation***  
 March 27, 2020 ***Finding Your Voice as an Early Therapist***  
 March 26, 2020 ***Telehealth: Legal and Ethical Issues***  
 April 2019 – 2021 ***CPR, AED, and Basic First Aid, Mount Vernon, WA, certificate***  
 April 3 - 4, 2019 ***The Power to Heal: Cultural Tradition in Wellness, Tulalip, WA  
 Tribal Health Conference and Opioid Symposium***  
 June 25, 2018 ***Youth Mental Health First Aid, Compass Health, Everett***  
 May 22, 2018 ***Introduction to Trauma Informed Care, Compass Health***  
 May 9, 2018 ***Cultural Diversity, Compass Health***  
 Jan. 31, 2018 ***United States Association for Body Psychotherapy (USABP)***  
 Awakening Clinical Intuition: Play, Creativity & The Body with  
 Dr. Terry Marks-Tarlow, USABP  
 Aug. 27, 2016 ***Social Justice & Body Psychotherapy with Dr. Karen Roller, Boulder,  
 CO Trauma & Addiction Symposium with Dr. Gabor Mate***



- Jun 4 – 30, 2016 ***Safehouse Progressive Alliance for Nonviolence (SPAN), Boulder, CO***  
33-hr Paraprofessional Anti-Violence Training
- Feb. 12, 2016 ***Non-Verbal Interventions and Understanding Progress w/ Clients***  
Workshop with Defne Dinnler, MA
- November 28, 2015 ***Division of Child Welfare, Colorado Department of Human Services***  
Mandated Reporter Training for Mental Health Professionals
- August 3 – 5, 2015 ***Racial Awareness Training, Rev. Angel Kyodo Williams***
- June 17, 2015 ***American Dance Therapy Association***  
Coming Out in the Age of Religious Freedom Act: Unique Challenges & Approaches in Therapy, Clinical Workshop with Heidi Landgrauf
- June 10, 2015 ***American Dance Therapy Association***  
Non-Conforming Bodies: The Role of Gender Identity and Sexual Orientation in DMT, Clinician Workshop with Thania Acaron and Alison Wren
- April 25, 2015 ***We Are The Tools Of Our Trade – Attachment in Therapy, Denver, CO***  
Clinician Workshop with Dr. David Wallin
- March 16, 2015 ***The Conversation Project, Naropa University, Boulder, CO***  
Three-Hour Death and Dying Workshop
- March 13 – 14, 2015 ***GLBTQ Resource Center, University of Colorado, Boulder, CO***  
TRANSforming Gender Conference
- Nov. 1 - 2, 2014 ***Colorado Group Psychotherapy Society Conference, Boulder, CO, USA***
- Oct 16 - 19, 2014 ***Radical Compassion Symposium, Naropa University, Boulder, CO***  
Mindsight and Neural Integration, Dr. Dan Siegel  
Trauma and the Neurophysiology of Healing, Dr. Robert Scaer
- Sept. 26 – 27, 2014 ***WINGS Foundation: Soaring to New Heights Conference, Denver, CO***
- July 12, 2014 ***WINGS Foundation, Denver, CO***  
Trauma-Informed Group Facilitator Training
- March 15, 2014 ***GLBTQ Resource Center, University of Colorado, Boulder, CO***  
Transforming Gender Symposium
- March 4, 2014 ***Honoring Sadness, Honoring Choice: Counseling Abortion***
- Aug. 2013 ***Pedagogy of Privilege Conference, Denver University, Denver, CO, USA***
- March 2013 ***Prison Dharma Network's Path of Freedom Facilitator Training***
- March 29, 2013 ***WINGS Foundation, Denver, CO***  
Shifting History: Men Who Were Sexually Abused as Boys & Art Therapy  
Clinician and members' workshop with Daniel Blausey, MA
- March 2012 ***Twin Oaks Farm, Niwot, CO***  
Vipassana Meditation Equine Therapy Retreat, Jean-Jacques Joris, MA, JD, LPC
- March 2011 ***Karuna Center for Peacebuilding, Naropa University, Boulder, CO***  
***Counseling And Peace Workshop with Paula Green***
- Oct. 8 - 11, 2009 ***Women in Islam International Conference***  
Keynote: Shirin Ebadi, Nobel Peace Laureate
- Sept 1999-May 2006 ***Plum Village Community of Engaged Buddhism, International***  
***6-day Residential Mindfulness Trainings:***  
Deer Park Monastery, Escondido, CA 2004, 2005, 2006

Stonehill College, Eston, MA, 2002  
Camp Indianola, Kingston, WA 2001  
University of California, Santa Barbara, CA, 1999