## Art Love Legacies, LLC Clinical Consultation & Supervision with Bk

Supervision, consultation and peer-consult are the backbones of sound, ethical, body-based clinical practice. I work grounded in multicultural, social justice, person-centered, trauma-informed, humanistic counseling styles. The clinician's nervous system, and the supervisor's/supervisee's, are important aspects of support and strengthens rapport.

Art Love Legacies, LLC uses a multicultural, humanistic, client-centered approach to supervision with a strong lead of social justice and trauma-informed frameworks. Brian Kimmel (Bk) MA, LMHC, MHP, R-DMT, LMT dia/they pronouns, has been working in the health services in supervisory roles for over ten years. Their combined experience and practice in body-based ethical decision-making is a foundation for the supervisor/supervisees journey together.

We work primarily through triadic supervision, meaning the clinical supervisor and two supervisees. This ensures that supervision happens through full participation in being supervised and by peer-consult. It is this process that increases the efficacy of your work with clients through encouraging clinicians to seek peer and professional support and to offer their support to other clinicians. The field of counseling, especially in private practice, can be a lonesome one. Building our interwoven communities of support helps not only the clinician but enriches the field of counseling through cultivating individual and collective insight, contributing to the stability of the individuals and relationships that seek and depend upon your support and care.

A new cohort will begin this Fall 2023. Two annual clinician consultation & supervision retreats are scheduled also in the Fall 2023 and Spring 2024, exact dates TBA.

A sliding scale fee for each triadic supervision session is available at \$75 / session through the end of this year. The regular fee is \$95.

You do not need to be in supervision with Art Love Legacies, LLC in order to attend the consultation & supervision retreats. Attendance at the clinical consultation & supervision retreat if you are in regular, triadic supervision is optional and may count towards supervision hours depending on the requirements of your license.

Triadic groups can be BIPOC focused or QTBIPOC or LGBTQI+ when available. Feel free to create your own triad and retreat.